

Thanks to Elaine's input and guidance...

“I remembered that generating ideas is so much fun with collaboration.”

“I re-discovered how great it is to have an open mind.”

“I now have ideas of how to work better with my senior team.”

“I am not going to undersell my skills and abilities anymore!”

“I've started approaching the job market in a different way and thinking differently about my career path.”

“I'm looking into different markets for employment to broaden opportunities.”

“I'm developing my career ideas in a more structured way to consider challenges, gaps, needs and trends.”



**LEARNING
COMMUNITIES**

Thanks to working with Elaine...

“I am going to be more positive and proactive with respect to networking and looking for opportunities.”

“I will more regularly consider my career path and what I can do to achieve my goals.”

“I’m going to promote myself more and use the exercises to find out where I want to be in 5 years.”

“I’m going to work out what I want to be doing in 5 years time and how I might be able to achieve that.”

“I will reach out to people for help, set short-term and long-term goals.”

“I will take time to develop a set of stories that I can draw on to identify skills for CV, interviews and conversations.”



**ALWAYS
EMPLOYABLE**

Thanks to Elaine's ideas and inspiration I'm going to...

- “Willingly join and be part of opportunities for networking, join some relevant groups and contribute to the discussions instead of being a silent member.”
- “Work on my confidence and fears so that at the next networking opportunity I will be able to be my best self.”
- “Plan what I'd like to achieve in the next 3 months.”
- “Push into my discomfort zone of trying to reach out to others even when it feels uncomfortable!”
- “Use social media more to effectively network and revive networks I created in the past.”
- “Practice, practice, and practice!”

- comments are unattributed to protect client confidentiality -



**CONNECTED
COMMUNITIES**

elainehickmott.com

Thanks to working with Elaine I realised / learnt...

“To be proud of my achievements and to use them
To highlight my skills.”

“That PhDs see the world differently and that we bring
credibility and up-skilling to a company.”

“The anti-problem approach and other creative ways to view
my career and what I want to do.”

“To be more positive about my future career paths
wherever they may lead!”

“How to think more creatively about my skill-set
and opportunities.”

“That lack of confidence is not uncommon in PhDs. I also
learnt transferrable skills are as important as technical skills.”

The logo for 'Career Adventurers' is displayed in a white-bordered square on a yellow background. The text 'CAREER' is in a large, bold, black sans-serif font. Below it, 'ADVENTURERS' is in a slightly smaller, bold, black sans-serif font, underlined with a thick black horizontal line.

CAREER
ADVENTURERS

“

Working with Elaine is the best – just amazing! She is engaging and encourages discussions, collaboration and definitely inspires everyone.

Incredibly fun, educational and an experience I won't forget. Many thanks, Elaine, for bringing the best out of us and for showing us how much contribution we could make to the world.

new doctoral graduate

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**CREATIVELY
TOGETHER**

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Elaine is great fun as well as informative and knowledgeable. She created a space in which to consider your future career path; what you want from it and how to get there.

She helped me see how my skills will transfer into industry and gave me tools to improve my communication and understanding of others.

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postgraduate researcher

**FUTURE
READY**

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I found Elaine's approach to career development different and much more accessible. She covered many useful topics that I had not formally discussed before.

She also had new approaches to common topics related to employability and careers.

I strongly recommend Elaine to any student or academic who needs some motivation in making their next step in their career.

early career researcher

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**RENEWED
MOTIVATION**

“

Elaine's advice is practical, insightful and real. She helped me see situations with a different viewpoint and improve how I communicated with my team and fellow directors. I immediately noticed positive reactions from colleagues. This helped me become more confident and benefitted my working relationships.

I feel very lucky to have benefitted from Elaine's support; I have recommended her to others and will continue to do so.

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newly appointed director

**LEADER'S
VOICE**

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When I needed someone I could rely upon, I had no hesitation turning to Elaine for help.

She's a real inspiration and is genuinely on your side. She takes time to understand your aspirations which means her advice and input are always worthwhile.

Elaine has a great sense of how to push boundaries, to move things forward and ask the awkward questions whilst remaining a source of encouragement.

engineer and entrepreneur

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**BUSINESS
ASPIRATIONS**

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Elaine is my person of choice to turn to if I need strategic career advice. She is supportive and challenging; her insight and honesty encourage fresh perspectives and enable you to think beyond the day-to-day.

Her wide-ranging real-life experience means she is able to contribute in many different ways. I enjoy working with Elaine. She continues to act as my sounding board and trusted confidante.

director and business owner

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**REFRESHED
PERSPECTIVE**

“

I knew instinctively Elaine was the right person for me, having gone a similar path as mine. I wanted help dealing with uncertainty and having to re-invent yourself.

It was a very pleasant experience. Our discussions always helped me clarify my own garbled thoughts.

Working together gave me a better understanding of what I want to do next and why I really want to pivot my career.

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senior academic



**IDENTIFYING
OPPORTUNITIES**

“

I met Elaine when my business venture was very new. My experience was mainly from working in the public sector and I was not in my comfort zone setting up a new enterprise.

Elaine came to my rescue with her can-do approach, sound private sector business experience and great good humour.

She is a great support and mentor. I would recommend her without hesitation. She cares about you and your career and brings an independent, impartial perspective. It's a pleasure to work with her.

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social champion and entrepreneur

- comments are unattributed to protect client confidentiality -



**CHANGING
SECTOR**

elainehickmott.com

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Elaine is fantastic for researchers as she brings the credibility of someone who has succeeded in research and in business. She is the perfect person to help researchers learn how to walk between the different worlds of academia and business.

I would absolutely recommend working with Elaine. Her energy and enthusiasm are contagious. Everyone who works with her walks away feeling valued and like they can take on the world!

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head of researcher development

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**BROADENING
HORIZONS**

elainehickmott.com

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Working with our doctoral level researchers, Elaine opened up their horizons. She showed them the creative thinking and innovation so crucial in a PhD are invaluable in a wider industrial or entrepreneurial setting.

Her approach encouraged them to step outside their “traditional comfort zone”, to consider other options and explore.

Participants found this very thought provoking and gained a lot from working with Elaine.

”

senior academic



**BEYOND
ACADEMIA**

“

Elaine is fantastic to work with. Great ideas, very positive, open-minded and knows what she is talking about. With her varied background her advice and mentoring is invaluable.

I instantly put her advice into action. It improved my way of thinking and approach to certain obstacles in my career.

I'd recommend Elaine to everyone. Trust, knowledge and support - get your career moving forward with Elaine, I know I have. ”

aspiring business owner

- comments are unattributed to protect client confidentiality -

**OVERCOMING
OBSTACLES**

elainehickmott.com

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We had a lively participatory session; thought provoking with practical application.

Well done Elaine, inspirational, thought provoking and delivered in style.

You're a breath of fresh air!

aspiring director

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**PRACTICAL
INSPIRATION**

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Elaine was very engaging and encouraged us to think outside the box.

Her honest, frank approach is really helpful. It enabled us to cut through established practices!!

Plus the new perspectives support what some of us have been wanting to do and have been pushing for. Now we have ways and ideas to do something about it.

”

aspiring senior manager

**INSPIRING
CHANGE**

“ Working with Elaine I found her hugely valuable and tirelessly enthusiastic.

Her input into my thought processes has been rewarding and positive; more-so given the tough times we have all been through.

Elaine is always objective and professional and understands the human aspects as much as the business ones. She encourages innovative thinking and action, a grounded strategist - rare qualities indeed.

director and business owner

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**STRATEGIC
SUPPORT**